

The Perfecting Believers Series (PBS)

∞ A Discipleship Series Challenging Believers to Be Complete in Every Way ∞

Perfecting My Life – 2011

“Completing and Perfecting that which is Lacking in My Life”

The PML-2011 Assessment and Goals Worksheet

Dr. Kenneth Hammonds

∞ Life, Leadership & Discipleship: COACH ∞

Director of Discipleship (*Perfecting Believers*), West Angeles COGIC, Charles E. Blake Sr., Pastor

► For past Lesson Outlines go to: WestA.org [Click “Perfecting Believers”] ◀ 323•733•8300 ext. 2349



THE 10 DIMENSIONS OF LIFE

(A Life Development Concept and Chart Created by Dr. Kenneth Hammonds)

SPIRITUAL (Godliness)	INTELLECTUAL (Mind)	EMOTIONAL (Moods)
MATERIAL (Things)	FINANCIAL (Money)	PHYSICAL (Healthy Body)
SOCIAL (Relationships)	OCCUPATIONAL (Work, Productive Activity & Your Vocational Calling)	TIME (Time Management, Goal Setting, Dreams)
ENVIRONMENTAL (The complex combination of social (<i>the type of people around you</i>), cultural, climatic, and living surroundings)		

Assessment and Goals 10 Dimensions

1. Perfecting My **Spiritual Life**

Spiritual Life = Right Relationship with God and Man

(Bible Study, Prayer, Sharing the Faith, Mentoring Others, and Other Spiritual Disciplines to Be Developed)

- ⇒ How successfully are you developing your spiritual life?
- ⇒ Assessment of the past year 1-10 _____
- ⇒ One or Two Goals for Improvement in 2011

2. Perfecting My **Intellectual Life**

Intellectual Life = Education and Discovery

- ⇒ How successfully are you developing your mind?
- ⇒ Assessment of the past year 1-10 _____
- ⇒ One or Two Goals for Improvement in 2011

3. Perfecting My **Emotional Life**

Emotional Life = Sanity

- ⇒ How successfully are you developing your emotional life?
- ⇒ Assessment of the past year 1-10 _____
- ⇒ One or Two Goals for Improvement in 2011

4. Perfecting My **Physical Life**

Physical Life = Health and Strength in the Body

- ⇒ How successfully are you taking care of your body?
- ⇒ Assessment of the past year 1-10 _____
- ⇒ One or Two Goals for Improvement in 2011



Perfecting the Lacking or Incomplete

God wants us “**to be wealthy (enriched) in every way**” (2 Corinthians 9:11 – Message Translation). *Wealthy* in this context means *to be enriched and abundantly productive spiritually and in every way* — every dimension of life.

Jesus sought a perfecting view of his personal development early in his life. Luke 2:52 says: *And Jesus increased in wisdom and stature, and in favor with God and men.*

Don't just **complain** about your present life; stand firm with the full resolve to:
MAKE A BETTER LIFE.



5. Perfecting My **Social Life**

Social Life = Positive, Wholesome Relationships It's loving and being loved.

- ⇒ How successfully are you developing socially and in your people skills?
- ⇒ Assessment of the past year 1-10 _____
- ⇒ One or Two Goals for Improvement in 2011

6. Perfecting My **Occupational Life**

Occupational Life = Productive, Wholesome Activity It's doing what you love.

- ⇒ How successfully are you managing your professional, career, work and vocational life?
(BTW: Your Vocational Calling may not be the same as your J.O.B.)
- ⇒ Assessment of the past year 1-10 _____
- ⇒ One or Two Goals for Improvement in 2011

7. Perfecting My **Material Life**

Material Life = Having the things you need to make your life safe and comfortable

- ⇒ Do you have the kinds of "things" you need to do what you want to do and live the kind of life you want to live?
- ⇒ Assessment of the past year 1-10 _____
- ⇒ One or Two Goals for Improvement in 2011

8. Perfecting My **Time Management (self-management) Life**

Time Life = Fulfilling your dreams and relationships by daily goal-directed action.

- ⇒ How successfully are you managing your time (and yourself)?
- ⇒ Assessment of the past year 1-10 _____
- ⇒ One or Two Goals for Improvement in 2011

9. Perfecting My **Financial Life**

Financial Life = Having more than enough money for your financial independence, freedom, and stability

- ⇒ How well are you managing your money? (*debt, impulse buying*) and how effectively are you building your wealth? (*increasing cash flow: residual income, savings, investments, increasing the new flow of income, etc.*)
- ⇒ Assessment of the past year 1-10 _____
- ⇒ One or Two Goals for Improvement in 2011

10. Perfecting My **Environmental (self-management) Life**

Environmental Life = Peaceful, Healthy Living Surroundings

- ⇒ How wholesome and uplifting are your living surroundings and are your personal associations with wholesome and uplifting people?
- ⇒ Assessment of the past year 1-10 _____
- ⇒ One or Two Goals for Improvement in 2011

“Refuse To Be Less Than God Has Created You To Be”