

DAY 6 – REPENTANCE AS A REGULAR SPIRITUAL PRACTICE

Scriptures

2 Chronicles 7:13-14; Psalm 51; 1 John 1:5-10

Prayer Focus

Turn away from sinful thoughts and actions and turn to God.

Devotional Thought

True repentance is a radical change in both thinking and action rather than simply an “I’m sorry!” It requires us to agree with God’s assessment of things and conform ourselves to his holy and righteous standards. Repentance involves turning away from sin and turning to God. Because Jesus Christ died for our sins and rose from the dead, we can go to the Heavenly Father in confidence to receive forgiveness and cleansing from him on a daily basis. He is always ready to receive us back and restore our relationship with him no matter how many times we may have messed up.

Practical Moment

Ask God to reveal to you areas in your life that require his attention. Ask for his forgiveness and for the strength to do the right thing. Thank him for his cleansing, healing, and blessings.